

# Kit List

Everything to be named – including underwear.

All to be packed into a small carry-on type suitcase with a handle and wheels – approx. measurements 45cmx36cmx20cm

Young people will travel both ways in their own clothes with their necker on. They will also be issued with a beanie hat and a high vis vest which they will be asked to wear at various times throughout our adventure.

## Medication

Prescription medication and painkillers should be handed to the leaders with the passport and GHIC card. Please place in a ziplock bag and label with clear instructions for administration.

## For Beavers and Cubs

Please put everything in a separate ziplock bag and put their name, what it is and what day it is for (ie Akela, Uniform, Friday and Saturday). This helps the young people immensely. We have a large supply of bags.

## For Travelling

Item	Suggested link to purchase/comments
Passport and GHIC Prescription medication, antihistamines and painkillers (if they are needed)	To be handed to a leader the day before we depart (18 <sup>th</sup> February).
Wear own clothes, group necker	
Waterproof coat	<a href="#">MandMdirect</a> ;
Waterproof Gloves	For Beavers and Cubs, attach the gloves to their coat sleeves to help to keep them from dropping them. Ensure they are named for when they do drop one!
Trainers or other comfortable shoes	
Day sack/backpack should be a size with adjustable shoulder straps to fit the young person, it should also have a waist strap and a chest strap and pockets on the outside for 2 water bottles.	For cubs, Beavers and smaller scouts I would recommend this <a href="#">backpack</a> from Decathlon For the older scouts, explorers and leaders, Decathlon do different sizes AND a women's size. It would be worth visiting a store to try them out.
Passport and GHIC Prescription medication, antihistamines and painkillers (if they are needed)	To be handed to a leader the day before we depart (18 <sup>th</sup> February)
Travel sickness pills, anti-nausea bands and/or motion sickness patches	Recommended if your child suffers from travel sickness <a href="#">Quells for kids</a> (hand to a leader) <a href="#">Bands</a> <a href="#">Patches</a>
Travel game/s (cards only – nothing with small pieces that may get lost).	Uno Happy Families Pack of cards
2 x refillable water bottles (750ml) filled with water	We will be travelling for up to 14 hours and need to ensure suitable hydration is available.
Packed food for travelling – two meals (Breakfast and lunch)	Note – meat and dairy should no longer be taken into Europe – this includes packed lunches. Anything with meat/dairy should be eaten before we embark onto the ferry.

Item	Suggested link to purchase/comments
Cash (Euros and £GBP) or card with sufficient money for buying a memento, any snacks throughout the journey and days at PGL where there is a snack shop, and food for the journey when we get back to the UK	Place in a small purse or wallet WITH NAME ON IT. For Beavers/cubs leaders will hold these. No more than £/€ 5 per day plus max of £/€10-20 for a souvenir.
If asthmatic, inhaler. Epipen (if needed)	Keep one in own backpack and hand one to a leader to be kept in the first aid kit
Photocopy/scan of passport	

### To pack in suitcase (suitcase dimensions approx. 45cmx36cmx20cm)

Item	Suggested link to purchase
2 pairs of thermal ankle high boot socks 3 pairs socks (not trainer socks).	Ensure boots fit with a pair of socks plus the thermal socks
Waterproof walking shoes or walking boots	If you buy new boots or shoes, wear them around the house for a few weeks before we go. Try them on BEFORE purchase
Underwear for 3 days	
1 x large Micro towel	<a href="#">Dunelm</a> has a good price for kid's micro towels
Wash kit, flannel, toothbrush and toothpaste all in a small, waterproof bag (or ziplock bag)	Travel bottles only of shower gel, toothpaste, shampoo, deodorant, conditioner as needed.
Uniform jumper (for scouts/explorers, their hoodie will suffice).	
Uniform polo shirt (beavers/cubs)	
2 x thermal base layers (long sleeved vests and leggings)	<a href="#">Base layer</a>
2 x Microfleeces	<a href="#">Microfleece</a>
2 x Quick-dry trousers – navy or black	No Jeans or joggers/jog pants
Waterproof trousers	<a href="#">Waterproofs</a>
Slippers or crocs to wear indoors only	
Pjs and small favourite teddy	
T-shirt to wear travelling home (Scouts/Explorers).	Assume that all other clothes they travel down to France in can be re-used.
Lunch box for those who would prefer salad instead of baguette for lunches	

### Mobile devices

Our travel insurance does NOT cover loss of any mobile devices. For cubs and beavers, mobile phones are **not** needed.

For Scouts, the leaders will keep them and hand them out at certain times. For Explorers, it is expected that they won't be using them after 11pm.

If anyone needs a call home due to home sickness, this can be arranged.

### Buying via Easyfundraising

If you buy things online, please register with Easyfundraising. A lot of retailers (including all the traders above), will pay the Scout Group a small percentage for your loyalty if you access their site going via

Easyfundraising - follow this link to find out more: [here](#). The scout group received £111.70 last year for your loyalty. Thank you.

## What is in the room?

A duvet, pillow, sheet and pillowcase will be provided. Towels and washing kit need to be taken as above.

A shower will be available in each ensuite room.